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# Ninja Master: The Complete Step-By-Step Guide & 51 Smoothie Recipes For Weight-Loss, Detox, Anti-Aging & So Much More!



## NINJA MASTER

THE COMPLETE STEP-BY-STEP GUIDE & 51 SMOOTHIE RECIPES FOR WEIGHT-LOSS, DETOX, ANTI-AGING & SO MUCH MORE!



DANIEL HINKLE



## Synopsis

**SPECIAL DISCOUNT PRICING: \$2.99!** Regularly priced \$4.99 \$5.99. Get this Amazing #1 Best-Seller - Great Deal! You can read on your PC, Mac, smart phone, tablet or Kindle device. Start your Ninja Blender & Get ALL of the nutrients with delicious smoothies using the best technology. Kim Avanti, Top Celebrity Nutritionist, Healthy Lifestyle Expert is a life changer!

**•Why Use the Nutri Ninja Blender?** The Nutri Ninja Blender is a #1 Most Powerful Nutrient and Vitamin Extractor. Unlike other smoothie makers, blenders and juicers, the Nutri Ninja Blender has been created to get all of the natural benefits of fruits & vegetables and break down skin & seeds for nutrient rich goodness.

**What's So Special About These Smoothies Recipes?** Using our professionally created recipes, you're able to: Hydrate & Revitalize Support Immunity Support Relaxation, Mental & Physical Well Being Balance Hormones Heal & Detoxify Live A Life Of Happiness And Vitality The recipes have all the nutritional information & have unique ingredients many of you have been waiting for: Low Fat Low Calorie High Fiber Live Enzymes No Added Sugars No Artificial Flavors or Sweeteners

**Why Should You Take Notice?** Our authors have helped thousands of people transform their lives using real food, positive mindset, and healthy habits. We have created the recipes that will give you: More energy Less cravings Mental clarity Better sleep Balanced mood Healthy weight

Whether you're looking for a health booster, seeking a gentle cleanse, or just trying to get slim you'll be inspired to power up the Nutri Ninja Blender!

Can't wait to try our healthy smoothie recipes? Here are some recipes to get you started: Blood Pressure Cucumber Beet Smoothie Red Velvet Veggies Smoothie Forever Young Blue Royal Smoothie Clear Skin Pear Summer Smoothie Antioxidant Rich Minty Berries Apple Smoothie Clean Gut Spicy Tomato Smoothie Huge Muscle Protein Berry Smoothie High Fiber Banana Almond Smoothie

Use the ninja bullet, and start glowing "inside and out!" Take a jump-start towards your weight loss, increase your energy level, clear your mind, and improve your overall health. Scroll up to the top of the page & get **Ninja Master: The Complete Step-By-Step Guide & 51 Smoothie Recipes for Weight-Loss, Detox, Anti-Aging & So Much More!** to look slimmer, healthier than you have ever been!

## Book Information

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## Customer Reviews

Perfect and tasty recipes I find best consumed at breakfast - a fruity start for the day! The directions are dead easy, with only two stages. If you've got a blender and the necessary ingredients, you're well set.

This is a very comprehensive book, covering everything you could need to know about smoothies that accomplish change in every aspect of your life. I personally love smoothies and the health benefits that they provide, so this eBook was PERFECT for me. If you're someone who's into getting your vital nutrients out of smoothies, or you're just thinking about trying it out then I would definitely recommend this book, you won't be disappointed :) 5 Stars

While the recipes are fine, as an Ipad Kindle book it's lacking any ability to print a recipe or shopping list. Even if you copy and paste, all that appears is a link to the book on , not the actual recipe. As a "healthy" themed book, one key ingredient is not at all healthy - sugar. The word "sweetener" is used, not sugar. So, can non-sugar "sweeteners" be substituted, and what would be the amount? While these recipes may be tasty and full of nutrients, most are loaded with fruity sugar that would drive a diabetic blood sugar thru the roof. There is no documentation of either nutritional values or sugar equivalents. Use of the label "healthy" comes with a big asterisk.

Good book on nutrition. But title of book says another story. Anyhow , all recipes in this book are that which can help to reduce weight without reducing nutrition values of your body. Must read this book

it will help you in daily life in choosing your optimum diet.

This book is my family most loved ever! We do appreciate sharing minutes together like making a smoothie and cooking nourishments .This is an exceptionally complete book, covering all that you could need to think about smoothies that fulfill change in each part of your life.

This is one of my favorite diet food because aside from helping me lose weight, it is actually refreshes me. I just got this for its recipes which are all mouthwatering, easy to make and quick. Anyone can make them even the beginners, just follow the step by step instructions. But aside from that, I also found the step by step guide on detoxing. I just actually learned it from my friend, but this book actually also a great guide. Thumbs up.

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(smoothies, green smoothie recipes, ... cookbooks, smoothies , sugar detox) Anti-Inflammatory Diet: Beginner's Guide with XL Granny's Recipes(Anti Inflammatory Cookbook,Anti Inflammatory Diet Cookbook,Anti-Inflammatory Recipes,Anti Inflammatory Books, Anti-Inflammatory Diet) Weight Loss: 30 Days Weight Loss Challenge - Eat More Food Lose More Weight - Turn Your Weight Loss Vision Into Reality (How to Lose, Weight Loss Tips, Women, Weight Loss Nutrition, Diet Plan) ANTI INFLAMMATORY DIET: Anti-Inflammatory Recipes To Heal Yourself (Anti Inflammatory Diet, Anti Inflammatory, Anti Inflammatory Diet Cookbook, Anti Inflammatory ... Fast, Pain Free, Heal Yourself Book 1) Nutri Ninja Recipe Book: 70 Smoothie Recipes for Weight Loss, Increased Energy and Improved Health (Nutri Ninja Recipes Book 1) 10 Day Green Smoothie Cleanse: Lose 15lbs with 10 Day Green smoothie diet For Weight Loss. Weight loss green smoothie recipes,green smoothies: Sip Up, Slim Down ! Lose upto 15 Lbs in 10 Days! Spiralizer Recipe Book: Spiralizer Recipes for Weight Loss, Anti-Aging, Anti-Inflammatory & So Much More! (Recipes for a Healthy Life Book 2) The Nutri Ninja Master Prep Blender Whole Food Cookbook: 101 Delicious Soups, Spreads, Entrees, Desserts & Cocktails For Your Ninja Pro, Kitchen System ... and Ninja Kitchen System Cookbooks Book 2) DETOX SECRET & WEIGHT LOSS SMOOTHIES: Detox Secret & Weight Loss Smoothie Recipes for Everyone Who Want to Be Slim Red Smoothie Detox Factor: 35 Nourishing Red Smoothie Detox Recipes To Clean Your Gut, Help You Lose Weight And Feel Amazing In Under 30 Days!

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